



FOR IMMEDIATE RELEASE

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**JOHANNES MAYER, MD, DOM, RECEIVES ACADEMY AWARD
FROM NATIONAL OSTEOPATHIC MEDICAL ASSOCIATION**

Indianapolis— Johannes Mayer, MD, DOM (Germany), of Dasing, Germany, is the 2020 recipient of the American Academy of Osteopathy (AAO) Academy Award, which recognizes individuals who have demonstrated their commitment to osteopathic principles and to the osteopathic profession; have exhibited outstanding efforts and special contributions to promote osteopathy; have continuously shown support of and collaboration with osteopathic organizations; and have a vision that is complementary to the Academy's mission.

At the AAO's annual business meeting on March 12 in Colorado Springs, Colorado, the AAO's 2019-20 president, Kendi L. Hensel, DO, PhD, FAAO, presented the AAO's Academy Award to Dr. Mayer, who is the 20th recipient of the award.

Dr. Mayer received his medical degree (MD) in 1983 from the Ludwig Maximilian University of Munich (LMU), specializing in Family Medicine which included dermatology, gynecology, surgery, and internal medicine. In 1982, he started his manual medicine training, achieving a Doctor of Osteopathic Medicine (DOM) degree in 2000, a Diploma Osteopathic Medicine in Paediatrics (DOMP) in 2009 and in 2013, a Diploma Osteopathic Medicine in Geriatrics (DOMG). In 1999, he began teacher training in osteopathic medicine at the DGOM (German Society of Osteopathic Medicine) and in 2009 teacher training in osteopathy in geriatrics.

Since 2000, Dr. Mayer has been teaching internationally in Germany, Belgium, France, Switzerland, Italy, the United States, and Russia with specific knowledge of family medicine, paediatrics, neurology, dermatology, manual medicine, Osteopathic Medicine, natural medicine, neural-therapy, psychotherapy, hypnosis. He was mainly teaching specific techniques of myofascial, functional, visceral Osteopathy, scar treatment, osteopathy in geriatrics, and Becker techniques. He is the co-editor of the German publication *Osteopathische Medizin* (Osteopathic textbook), which has also been published in English, Italian and Russian and he has worked on several publications on the Development of Osteopathic Philosophy.

Dr. Mayer has participated in several osteopathic organizations and served in numerous leadership roles to include: on the board of the DGOM and as its president 2012-17; as President of the European Register of Osteopathic Physicians (EROP), the Osteopathic International Alliance (OIA) Board of Directors and as OIA chair in 2010-11. He served as a clinical associate professor of family medicine at the Ohio University Heritage College of Osteopathic Medicine (OU-HCOM), served as professor and head of the department of Osteopathic Medicine HGWR University Mannheim and has been teaching in Germany on osteopathy in veterinary medicine since 2007.

Dr. Mayer has been an office manager, a management consultant for medical doctors, a health manager, Professor and Chair of department HGWR university, and most recently in a medical office practicing family medicine and osteopathy and prevention in cooperation with four other MDs.

For more information on Dr. Mayer, contact Sherri L. Quarles at the American Academy of Osteopathy at (317) 879-1881, ext. 214, or at SQuarles@academyofosteopathy.org.

The United States currently has more than 120,000 osteopathic physicians. Also known as DOs, osteopathic physicians are fully licensed physicians, as are MDs. The profession has grown 63% in the past decade and nearly 300% over the past three decades. Osteopathic physicians prescribe medicine and practice in all specialties, including osteopathic manipulative medicine, family medicine, psychiatry, obstetrics and gynecology, and surgery. They are trained to consider the health of the whole person and to use their hands to help diagnose and treat patients.

The mission of the American Academy of Osteopathy is to teach, promote, and research the science, art and philosophy of osteopathic medicine, emphasizing the integration of osteopathic principles and practice in patient care. Founded in 1937, the Academy is a specialty college of the American Osteopathic Association.

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